

Hold On Tight

Choreographer: Yvonne Anderson. Scotland.

Description: 48 count, 4 wall + one restart, Intermediate, line dance

Music: Anybody's Man Tonight, by Barbara Carr, Album: Footprints On The Ceiling BPM: 89

Notes: Start on main vocal, Pattern of dance 48, 40, 48 to end.

Special thanks to Brian Doolan, a Barbara Carr fan, without his love of music this dance would not have been written.

1-8 CROSS WALKS R, L, SIDE-TOGETHER-CROSS, 1/2 TURN R & CROSS, STEP, DRAG

1-2 Step R forward and across left, Step L forward and across right

3&4 Step R to right, & Slide L beside right, Step R across left

5&6 Make 1/4 turn right stepping back on L, & Make 1/4 turn right stepping R to side, Step L across right (6 o'clock)

7-8 Step R to right (long step), Drag L to right look to right and snap fingers

9-16 1/4 TURN L, 1/2 TURN L, STEP, BUMP, HIP GRIND 1/2 TURN L, WALK, WALK

1-2 Make 1/4 turn left stepping L forward, Make 1/2 turn left stepping R back (9 o'clock)

3-4 Step L back, Bump hips back to left diagonal

(**Styling** counts 3-4 As you bump hips back drop left shoulder, raise R heel look down to left side and snap left fingers to side)

5-6 Taking weight on R circle hips back and gradually make 1/2 turn left, (weight ends on right, Left heel is raised, 3 o'clock)

7-8 Step L forward, Step R forward

17-24 SYNCOPATED SIDE ROCK, SLIDE L x 2, KNEE TWISTS OUT-IN-OUT, IN-OUT-CENTRE

&1-2 & Rock L to left, Step R to right (small step), Slide L to right (weight ends on right)

&3-4 & Rock L to left, Step R to right (small step), Slide L to right (weight ends on right)

5&6 Step L toes to left (heel is raised body leaning to left) and twist left knee out, in, out

7&8 Twist left knee in, & Twist left knee out, Straightening left knee to centre and recover weight on R

(**Styling** counts &1,2 &3,4 Use upper body and shoulders to accentuate a rocking motion from left to right, During counts 5&6- 7&8 Body leans gradually further over Left knee, Then gradually bring body back to centre)

25-32 CROSS, 1/4 TURN L, STEP-LOCK-STEP-LOCK-STEP, 1/2 TURN R x 2, CROSS

1-2 Step L across right, Make 1/4 turn left stepping R back (12 o'clock)

3&4& Step L forward, & Lock R behind left, Step L forward, & Lock R behind left

5-6 Step L forward, Make 1/2 turn right Stepping R forward (6 o'clock)

7-8 Leaving right foot in place make 1/2 turn right touching L beside right (feet are now together weight on right), Step L across right (12 o'clock)

33-40 SIDE, BEHIND, & CROSS, POINT, CROSS, 1/4 TURN R, STEP, DRAG

1-2 Step R to right, Step L behind right

&3,4 & Step R to right, Step L across right, Point R to right and snap fingers to right

5-6 Step R across left, Make 1/4 turn right stepping L back

7-8 Step R to right (long step), Draw L to right (weight remains on right)

**** This is where the restart happens. During wall 2 dance through to count 40 (facing 12 o'clock) then restart the dance

41-48 STEP BACK, DRAG, BALL-STEP, PRESS, KICK, 1/2 TURN R, 1/2 TRIPLE TURN R

1-2 Step L back (long step), Drag R to left (weight remains on left)

&3-4 & Step ball of R back, Step L forward, Press R toes forward (knee is bent)

5&6 Push off right toes & Taking weight on left kick R forward, Make 1/2 right stepping R forward

7&8 Make a 1/2 turn right stepping L,R,L

REPEAT - Enjoy!